

Okanagan FC is a privately owned and operated soccer club, based in Kelowna BC. We are an Associate Member of BC Soccer and an established BC Soccer Charter Club Standard One. We run Junior Academy Programs and teams, and also Adult Academy Programs and teams. This Safe Return to Play Plan is in alignment with BC Soccer's Return to Play Plan Phase One, which was released on June 2nd 2020, and also aligned with ViaSports Return to Sport Guidelines for BC Document.



OVERVIEW

Our Safe Return to Play Plan supports a gradual and phased in approach to the return of soccer training within our organization, as health authorities in BC begin to lift restrictions in a controlled and responsible way. We will continue to be guided by BC Soccer as the process evolves and will be prepared and ready to implement new measures if and when required. As a BC Soccer Charter Club, we operate our programs to a high standard both on and off the field and we pride ourselves in the fact that the health and safety of our staff, players, and supporters are, and always will be, our number one priority.

WORKING TIMELINE (Phase One Only)

We will be ready to commence operations as outlined in this document with all safety measures and protocols in place starting from Monday June 15th. Progression to Phase Two...Return to Modified Games has not yet been authorized and no future date for this is yet in to be decided.

PROGRAM DETAILS

Modified, training only Academy Programs. Skill development in line with Phase One...Return to Modified Training.

All activities to comply with distancing measures and recommendations, currently 2 metres between players, with a maximum outdoor gathering size of 50.

Controlled player arrival and departure protocols.

Staggered session start times.

In-club only activities with restricted group sizes.

Hygiene and sanitization measures and protocols in place.

Registered players only.

Covid 19 symptom monitoring for staff and players in place.

Participant contact details and record keeping in accordance with ViaSports Emergency Response and Outbreak Plan.

PHYSICAL DISTANCING

All activities will comply with 2 metre physical distancing measures, with a maximum number of people in total on a full size 11 a side soccer field restricted to 50.

COACHING

All our coaches at Okanagan FC are experienced, qualified and professional coaches. Coaches will be responsible for a maximum size of 10 group of players, assigned to one quarter of a full size field. The field is to be clearly marked and all equipment required for the session will be contained within. Coaches will be responsible for creating session plans that adhere to distancing restrictions, and for running sessions that can be contained within their field quarter at all times. It will be the coaches responsibility to position players for appropriate drills and training exercises that maintain distancing measures throughout the session. Coaches will be responsible for set up and collection of all equipment, with players not allowed to touch the equipment. Players will not be allowed to touch the ball with hands or head, and it will be the coaches responsibility to enforce this rule.

EQUIPMENT

All equipment will be sanitized before and after every session...there will be a 15 minute buffer between sessions to allow for this. Player pinnies will be single use and collected after each session. Players will be asked not to touch any equipment with their head or hands. No equipment will be shared between groups and it will be placed in the appropriate section of the field where it will remain for the session, to be sanitized at the end of the session.

ARRIVAL and DEPARTURE PROTOCOL

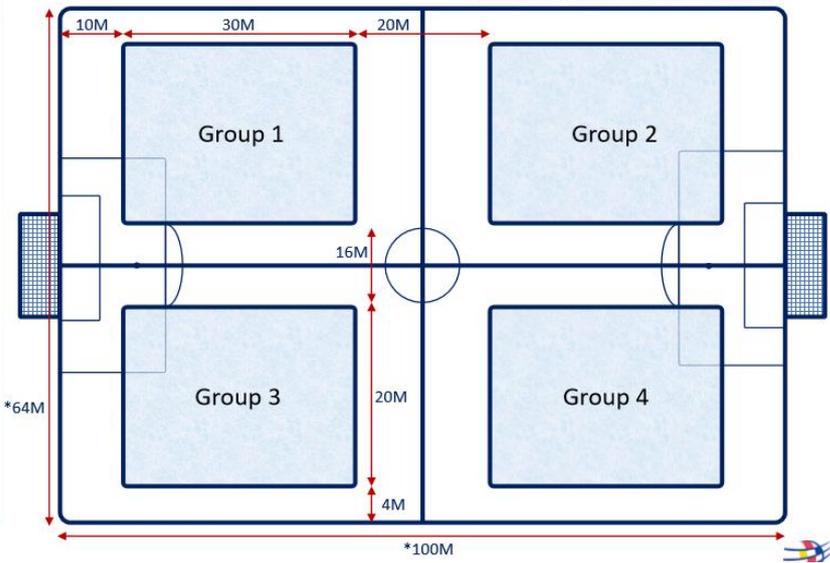
Players will be checked in on arrival with accurate records kept of exactly which players attended which session, and which group they were assigned to. All players will need to be pre registered for the program, with full contact details and confirmation that players have read and understood the Return to Safe Play Plan. We will ask for only one parent to accompany each player to the check in tent. Every session will have two check in tents in different areas.

Players will be screened with a digital thermometer for potential symptoms of Covid 19. The thermometers we have operate on a green light, amber light, red light system. Players showing red will not be allowed to train and must return home and isolate. Players showing amber will be informed of the fact, and their parent can decide on whether or not to participate. Players showing green are good to go and will be directed onto the appropriate area of the field. All payers before entering the field will be required to sanitize hands. Players waiting to be screened will need to keep 2 metres apart and our line up areas will be clearly marked.

When dismissed at the end of the session, players will be asked to hand sanitize once again and leave the field immediately.

*Based on minimum FIFA Field Dimensions

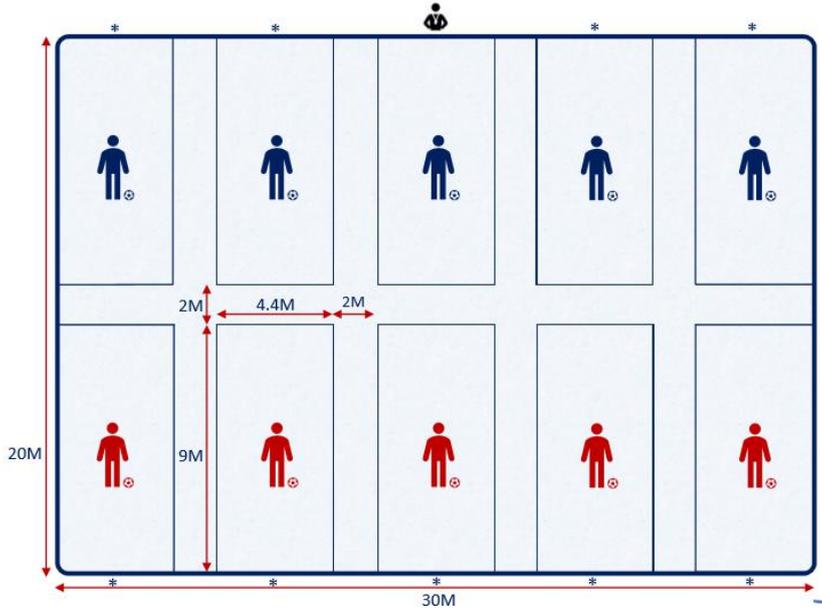
- Set Up**
- Number of Groups = 4
 - Number of Players = 40
 - Number of Coaches = 8
 - Total Number of People = 48 (Within the requirement of 50 people)
 - Each Group has 20m x 30m for players to play within.
 - Space provided in between each Group, for Coaches to move freely and for appropriate exit and entrance protocols within 2m physical distancing guideline.
 - Can be modified to suit organizational and facility needs.



Typical Field set up with 4 x groups of 10 players maximum, with 5 coaches maximum, total people 45

Group Dimensions (Quarter Field)

- Set Up**
- Number of Players = 10
 - Number of Coaches = 2
 - Player to Coach Ratio = 5:1
 - 2m distancing in place between each player.
 - Within a coned zone, each Player has 4.4m x 9m to play.
 - Free Zone around the field for Coaches to move.
 - *Designated player equipment area next to their zone.



Typical group set up with maximum 10 players spaced out in training area.

FIRST AID

In the event that first aid is required to be administered to a player during a session, all persons attending to the player must first put on disposable gloves and a non surgical mask.

PERSONAL PROTECTIVE EQUIPMENT

PPE will be worn by coaches/staff during the arrival and check in process.

OUTBREAK PLAN

Early detection of symptoms will facilitate the immediate implementation of effective control measures. In addition, early detection will facilitate enhanced cleaning measures which is an important measure in limiting the size and length of an outbreak. An outbreak is detection of two or more cases.

Roles of staff will be clearly outlined if a single case or an outbreak is reported. Every session will have a Head Coach in attendance, who will be responsible for the modification, restriction, postponement or cancellation of a session.

In the event of a Covid 19 case being reported, enhanced cleaning will immediately take place.

Health Authority reporting will include a full and detailed listing of possible contacts taken place, based on individual session role calls and record keeping. Contact information will also be provided.

Players will be told to go home and self isolate, monitoring their symptoms daily and seeking further medical assistance by contacting 8-1-1 if required.

CANADA SOCCER RISK ASSESMENT

Return to Play Assessment / Évaluation de retour au jeu

Risk Assessment Level / Niveau d'évaluation des risques

Very Low/Très Faible

Dear Okanagan FC

Thank you for completing Canada Soccer's Return to Soccer Assessment Tool. Based on the information provided as of the date of this correspondence, we are pleased to advise that your risk is assessed as LOW. When the Provincial and/or Municipal Public Health Authorities provide permission for sports activities to resume you may determine, together with BC Soccer, when you wish to renew your club's activities in accordance with your plan. You are reminded that should your club decide to return to train when restrictions are lifted, either fully or in part, it is the club's responsibility to ensure that the local conditions for a safe return to the pitch are met and that any impositions set by the local Public Health Authorities are factored into the process moving forward. Further, depending on the timeline between this assessment and when local restrictions are eased, the Club is responsible for continuing to update its mitigation plan as new information is provided by the local authorities.

In addition, Member Association Technical Directors and/or the Canada Soccer Development Department would be happy to discuss with your technical staff alternative training drills that respect social distancing and similar restricted sessions should you wish to take advantage of that opportunity.

Good luck in your return to soccer and stay safe.

Peter Montopoli
General Secretary
Canada Soccer